

Acceptable Use Policy

This page (together with the documents referred to on it) tells you the acceptable use policy when using our website www.Energiseforlife.com ("our site"), whether as a guest or a registered user. Please read this policy carefully before you start to use the site. By using our site, you indicate that you accept these policy terms and that you agree to abide by them. If you do not agree to these terms of use, please refrain from using our site.

1 General

In using this website you agree:

- to be legally bound by the terms of this Policy;
- to link to our website only through the home page www.energiseforlife.com unless you have obtained our express written consent (which may be withdrawn at any time) to link to any other pages of our website; (As per section 10 in our website conditions of use)
- not to use frames to present the link (As per section 10 in our website terms and conditions);
- not to use the name "Energise", any Energise branding or any content on the website for any purpose other than for your personal and non-commercial use;
- not to gather, extract, reproduce and/or display on any other website or other online service, any material on or from the website,

As per section 3 in our website conditions of use, all content on the website is subject to copyright or other intellectual property rights and may not be used except as expressly permitted in this Policy.

2 Community Usage

We want everyone to enjoy using our communities, so we've put together a list of guidelines to help you make the most of it.

Keep your posts relevant to the discussion or group that you are in.

For your protection and in the interests of safety, decency and industry guidelines and legislation, messages which are in breach of the guidelines below may be edited or deleted from the site.

The following is not acceptable on this site (these are not exclusive):

- Named prescription only medicines eg. brand names like Viagra
- Messages which, in the moderators' view contains vulgar, offensive, sexually orientated, racist or abusive language
- Messages which appear to be blatant advertisements

- Messages which cause offence or distress to anyone reading them (including where users have reported abuse on a post and our moderation team uphold the abuse report)
- Messages which contain personal details such as e-mail address, postal address or telephone number
- Messages which contain price information which is misleading
- Messages which are posted with a username or profile image that could be deemed offensive
- We will not be able to post messages in any other language other than English

If users do not adhere to these guidelines we may delete their posts, temporarily suspend their ability to take part in any discussion or even suspend the community. Continued breach of the guidelines may result in permanent exclusion. Energise UK Limited reserves the right to delete any message displayed in the message boards at any time, for any reason without notice.

By submitting User Content to us you automatically grant to us a worldwide, fully-paid, royalty-free, perpetual, irrevocable, non-exclusive, fully sublicensable, and transferable right and license to use, record, sell, lease, reproduce, distribute, publicly display, transmit, publish and otherwise exploit the User Content (in whole or in part) as Energise UK Limited, in its sole discretion where it is deemed appropriate. We may exercise this grant in any format, media or technology now known or later developed for the full term of any copyright that may exist in such User Content. This also includes using this content in marketing materials.

In order to contribute to a Energise UK Limited community you must have a Energise UK Limited account and by doing so you are agreeing that Energise UK Limited may use your email address to contact you for administrative purposes in regards to the posts you make.

Aside from your screenname none of the registration information you provide will be published or disclosed within the site unless you make your profile information public or opt to share your profile information with friends in the community.

3 Uploading Material

Ensure that you have permission to use the material that you are uploading to the site.

For example, if you have produced the material in the course of your employment, your employer will own copyright in that material. You should therefore obtain your employer's permission to upload the material and permit its use in the way described in the Terms of use before uploading it to the site.

Upload images of identifiable individuals to the site, unless you have their explicit written consent to make their image available through the site and to permit its use by others via this site or, in the case of children, their parent/guardian have given you such explicit written consent.

4 Breach of Policy

Energise UK Limited will determine whether there has been a breach of this Policy through your use of the website. If a breach of this Policy has occurred Energise UK Limited may take such action as it deems appropriate including denying you access to the website, bringing legal proceedings against you and disclosing such information to law enforcement authorities as Energise UK Limited feels appropriate.