

### **Alkaline Lifestyle Course Disclaimer**

- 1 Before starting any weight loss or reduction programme, you should make sure that you are not underweight and in any event, we advise you to seek medical advice before beginning any weight loss programme.
- 2 The Alkaline Lifestyle Course provides advice on diet and is intended to assist users in relation to weight loss and to achieve a healthy diet. Energise UK Ltd is not a medical organisation and we cannot give medical advice or make any diagnosis.
- 3 The material on our site or which is made available via our site is intended to be used as a general guide in relation to diet and weight loss. We do not provide medical advice or emotional support or assistance on an individual basis or feedback on any information submitted or posted on our site by you.
- 4 The material on our site is for information and educational purposes only. You should consult with registered medical practitioners or healthcare professionals concerning the information presented.
- 5 Information has been compiled from sources that we deem reliable but no guarantee either expressed or implied is made regarding the accuracy of the same. It is your responsibility to verify to your own satisfaction the provenance of the information supplied before making any decision based upon the information.
- 6 If you have any pre-existing medical condition, we advise you to consult your doctor before taking part in the Alkaline Lifestyle Course.

Your participation in the course will be subject to our [standard terms of business](#). If you wish to proceed with the course, please confirm that you have read and understood this notice.